

# Ocean Breeze Empowerment



Channeling and Manual by Elizabeth Ami, RMT

## OCEAN BREEZE EMPOWERMENT

The Ocean Breeze Empowerment is a cleansing energy of renewal. The breeze is peaceful, calm, and refreshing. The breeze washes away accumulated psychic debris...the negative picks of the day.



The empowerment enhances vision, understanding and mental clarity. Insights and inspirations present themselves as the psychic debris is gently washed away. It is a breeze of renewal.

Out with old and in with the new... Decisions are easier to make, as the renewed sense of inner peace allows more clarity and easier discernment.



The aura is gently swept clean by the salty air. It is brighter and more vibrant. The energy flows around you more fluidly.

## RUNNING THE ENERGY

Once attuned to the Ocean Breeze Empowerment, you may call in the energy anytime you wish to feel this sense of cleansing and renewal by visualizing:



...just allowing yourself to see the image of the sun setting on the horizon...and just allowing yourself to feel the ocean breeze on your cheek...taking in the briny scent of the Ocean...hearing and feeling the rhythm of the ocean waves...the heartbeat of the Sacred Mother...feel the ocean breeze energy begin to flow through and around you...



## ATTUNEMENT



### To receive the attunement:

1. Ask your guides, angels, higher self—whomever you usually work with, to assist you.
2. State aloud or mentally, "I am now receiving the Ocean Breeze Empowerment sent to me by \_\_\_\_\_ (your teacher's name), for the highest good of all concerned. Thank you."

## To send the attunement:

You must be a Reiki Master to attune others. Use whatever attunement method you are comfortable using to send the attunement to others, such as Chi Ball, Higher Self, proxy, etc.



Copyright 2010—All Rights Reserved.

This manual is protected by Copyright. You may charge for your time in preparing the attunement, but not for the attunement itself. The manual is to be given in its complete original form along with the attunement. The manual is not to be sold separately.

### Disclaimer:

**\*\*\*This system is to be used with common sense. It is NOT A SUBSTITUTE for traditional medical or psychological care. It is meant to COMPLIMENT other therapies. The author does not take any responsibility for how this system is used. It is each person's responsibility to decide if this complimentary system is right for them or not and to consult a medical or psychological professional as needed, beforehand. The author does not take any responsibility for how this system is used by others. \*\*\***